

Beneficial Insects and Host Plants for New Mexico

Beneficial Insects

Bigeyed Bug
Brown Lacewings
Green Lacewings

Hoverflies
Lady Bugs
Minute Pirate Bugs

Parasitic Wasps
Tachinid Wasp

Host Plants

New Mexico Natives

Four-Wing Saltbush
Prunus virginiana
(Chokecherry)
Winterfat

Asclepiadaceae

Asclepias (Milkweed)

Apiaceae

Chervil
Cilantro
Wild Carrot
Fennel

Asteraceae

Yarrow
Tansy
Senecio
Santaolina

Brassicaceae

Wild Mustard (let it
bloom)
Allyssum

Caprifoliaceae

Elderberry

Chenopodiaceae

Lamb's Quarter

Dipsacaeae

Scabiosa

Hydrophyllaceae

Phacelia

Lamiaceae

Nepeta
Beebalm
Thyme
Oregano

Loganiaceae

Buddleia (Butterfly Bush)

Polygonaceae

Eriogonum

Rosaceae

Cotoneaster

Valerianaceae

Valerian